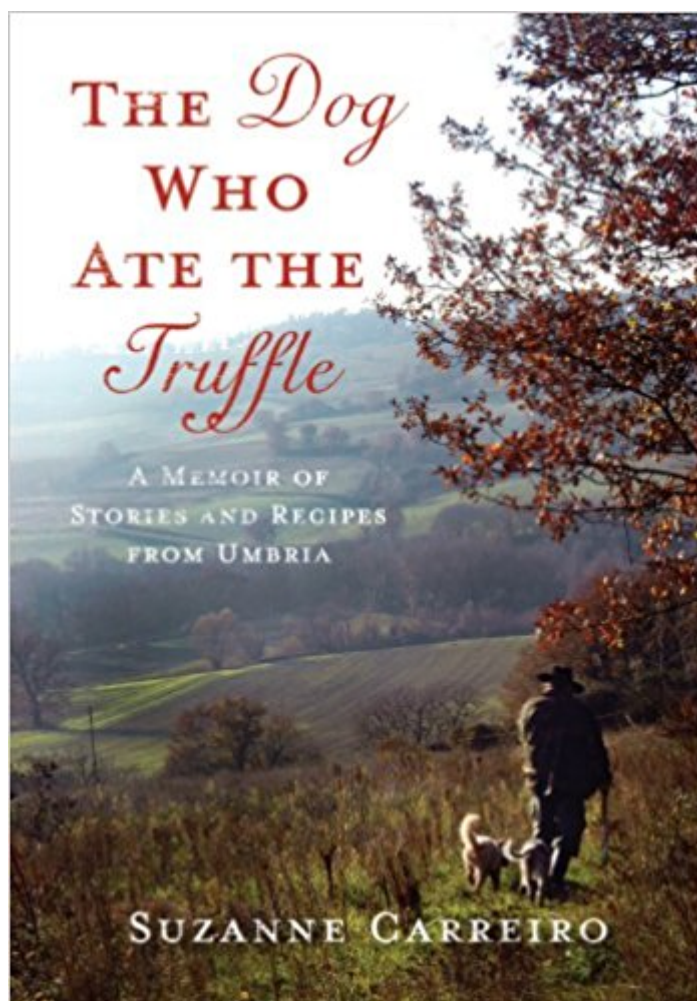


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# The Dog Who Ate The Truffle: A Memoir Of Stories And Recipes From Umbria



## Synopsis

An authentic culinary journey—part memoir, part cookbook—introducing readers to the people, places, and food of Umbria. Veteran food critic Suzanne Carreiro spent a year and a half in Umbria, and this is her intimate look at its ancient recipes, traditions, and the people who pass them on. Each of the book's eight chapters features local cooks, as their personal stories are as much a part of the cuisine's essence as are the crops they grow and the family dishes they prepare. Anecdotes, sidebars, and boxes are used throughout the book to further illustrate Umbrian life—from buying a rabbit in the country, to making torta di Pasqua for Easter, to reading the Italian wine label, and drinking cappuccino after lunch (a serious breach in tradition). With a food and wine glossary included as a reference for travelers, *The Dog Who Ate the Truffle* immerses the reader in the people, cuisine, and lifestyle that few are privileged to experience. Suzanne's colorful stories and authentic classic recipes make for an intimate and illustrious travel cookbook.

## Book Information

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## Customer Reviews

SUZANNE CARREIRO has worked in the food industry for over twenty years, having written for The San Francisco Chronicle, Cooking Light and others. She was the PR director of Beringer Blass Wine Estates in Napa Valley where she now lives.

It is my pleasure to review this book! *The Dog Who Ate The Truffle: A Memoir of Stories and Recipes from Umbria* is one of the 'best kept secret's' for an amazing travel guide to real life in Umbria. I could not put the book down, read late into the evening, and finished early morning! What

a comprehensive book on 'real life' in Umbria! I felt as though I was with Suzanne Carreiro for her year ++, as she became 'one of them', accepted as family, and beloved friend. Some books 'write themselves', are in the author's head, heart, and soul, ready to take to paper! Not this book!

Suzanne was on an adventure, she lived every page of life in Umbria. She was harvesting saffron, hunting for truffle's, making pasta, crushing grapes, making wine, learning the history, custom's, learning the language, among so many other things. Her recipes and tidbit pieces of information are wonderful! How to make Lemoncello the best way! The perfect way to cook pasta! Ideas for seasonal produce! Where her journey took her, to her favorite merchants, restaurants, and so on. I have ordered this book for friends who love Italy, friends in the culinary field, and friends who will be traveling and hiking Umbria soon. This book is a wonderful resource, a joy to read, and a wonderful gift to Italian bookie friends, those in the culinary field, and anyone planning to visit Umbria. As an aside, we have been privileged to meet Suzanne Carreiro, the author. She is well spoken. What a delightful, lovely woman, full of good spirit and a heart for adventure, and of course, a passion for cooking!

Cookbook and memoir combined, Suzanne eloquently intertwines her dream of living in Italy to write a cookbook, with the family of friends who made her dream come true. Grandmothers, acquaintances, farmers, artisans and producers bring her story to life as she shares their passion and history of preparing food the Umbrian way. And, the dog really did eat the truffles and nobody minded!! I savored reading the book from cover to cover, and felt as if I was at the tables of her family of friends, experiencing the meals and life of Umbria. In my own kitchen I've duplicated many of the recipes Suzanne so carefully created for American cooks. Highly recommend this book to experience the food and life of this beautiful region of Italy.

A wonderful book for anyone interested in Umbria and Umbrian cuisine. The recipes are authentic and tested for American Kitchens.

Very interesting book. I read it first in the library and decided my daughter would enjoy reading and cooking from this book. She is a chef and has her own food truck. Check out MychefLynn on facebook. I learned how to make noodles without using a measuring cup!!! Fun.

This is precisely as expected and lovely. Nostalgic but not sentimental. I'd recommend it to any/all Umbria lovers. Indeed all lovers of Things Italian.

So thoughtfully and beautifully written! Her recipes and stories are delightful and we really loved this awesome book! Thanks Suzanne!!!!

This book is a gem. It's more than a great cookbook. It's an insight into Italian life. The recipes are delicious. They have the look and feel and taste of honest-to-goodness Italian food-----the food really cooked in Italy today. The recipes, alone, are worth the purchase price. But, what takes this book to a higher level is the interspersing of stories and insights about Italians and the Italian way of life. These periodic vignettes are brief, yet priceless. They give context to the recipe, and a view of Italy and Italians rarely found in other Italian cookbooks. As a result, when you make a dish, you are transported to the Italian countryside. Suddenly, you are not just making and eating dinner. You find yourself slowing down, enjoying the food in a way you didn't expect----and experiencing the beauty of life-----with some friends-----or, with family-----or, best of all, alone for the evening with the special one you love. I bought this book for some light reading while on vacation. Very quickly, it has gone far beyond that. It has become my "go to" cookbook for all things Italian. You'll love it!

A beautifully written book full of wonderful stories and recipes. Makes you want to get on a plane and go to Umbria! A perfect present for lovers of Italy...or for those about to go....*The Dog Who Ate the Truffle: A Memoir of Stories and Recipes from Umbria*

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